

Benefits of Cupping for Alopecia

Praise be to Allah, Lord of the worlds, and peace and blessings be upon our master Muhammad.

Some of our brothers asked whether performing **cupping (hijama)** on the area affected by **alopecia (alopecia areata)** is harmful, since some people claim that cupping on the affected area worsens the condition.

Answer:

Performing cupping on the area affected by alopecia is **very beneficial** for this condition. This is the established view in the classical medical texts.

The harmful substance causing alopecia may be an **acute yellow bile**, or it may be a **burnt black bile**. It may also result from **phlegm mixed with corrosive blood**, which blocks the pores and prevents hair growth.

Treatment of this condition is achieved through appropriate medications that dissolve these harmful substances and by **removing the corrupt matter through cupping.**

In **Al-Hawi fi al-Tibb** by **Al-Razi**, Volume 7, page 498, it is stated:

“Severe alopecia is treated by cupping.”

In another passage, he mentions:

“Among the beneficial treatments for alopecia are surgical intervention and scarification (making small incisions for bloodletting), along with cupping.”

In **Al-Qanun fi al-Tibb** by **Ibn Sina (Avicenna)**, Volume 3, page 343, it is stated:

“The harmful substance causing severe alopecia is purified by the use of leeches, cupping, and frequent scarification (to draw blood from the affected area).”

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